

serenelife™

# HIKE *M* CAMP

SLSBBL - SLSBRT - SLSBCA

Double Sleeping Bag with Two Pillows

Lightweight & Waterproof Sleeping Bag for Adults or Teens, For Camping, Backpacking or Hiking, Includes Carrying Bag

## USER MANUAL



Sleep soundly through the night with the large double sleeping bag that keeps you so warm you won't want to break camp at first light! Your queen-size sleeping bag measures an impressive 85" x 57.1", so it's big enough to fit two adults.

And if you prefer your personal space while you sleep, we've also got you covered! **SereneLife Double Sleeping Bags** are great for non-cuddlers, too! Simply unzip your **SereneLife Double Sleeping Bag** and each of you can wrap up and relax in your own twin sleeping bag.

### *Be a Happy Camper!*

Don't let your camping trip get rained out! You'll stay toasty and dry inside your waterproof **SereneLife Double Sleeping Bag**! It's also great for long-term use since the polyester lining is rip-resistant! And the cotton filling is made to keep you warm through years of adventures.

### *Perfectly Packable!*

Hate how most double sleeping bags for adults are bulky and impossible to pack?

Not **SereneLife Double Sleeping Bag**! They're designed so you can easily take your lightweight double sleeping bags on the go. Fold them down to an impressive 15x12" with the included carrying case.



### *Caring For Your Sleeping Bag in Camp*

- **Sleep in clean clothes.** Even when you're totally exhausted, avoid crawling into your bag wearing the same clothes you hiked in.

- **Consider using a sleeping bag liner.** Liners can be cotton, silk, wool or polyester and are fairly lightweight.
- **Protect your bag from the ground.** If you plan to sleep out under the stars, put a pad down on the ground first.
- **Be patient with zippers.** A common frustration is using a two-way zipper; sometimes it'll snag or come apart down by the toe.
- **Air out your sleeping bag daily.** Even if you have to wait till midday to do so, turn it inside-out to dry out any moisture.

### *How to Wash and Dry Your Sleeping Bag*

If your bag is losing loft and is darkened with grime, then by all means give it a full washing. First, look to see the washing label instructions on the bag. Follow those instructions.

#### **What NOT to do:**

- Never dry clean your sleeping bag. Solvents used in dry cleaning can strip the natural oils from down that help it retain loft.
- Never use fabric softener, bleach or alternative-bleach products.
- Never wash a sleeping bag in a top-loading machine with an agitator. The agitator can strain or rip seams. A top-loader without an agitator is OK.

#### **Spot Cleaning Your Bag**

Sometimes all your bag needs is a little TLC, not a full-blown bath. Because washing a sleeping bag subjects it to wear and tear and decreases the loft, spot cleaning is your first line of defense.

Make a paste of a little non-detergent soap and water and use a toothbrush to gently clean the shell. Focus on the hood and collar where hair and skin oils tend to accumulate.

By holding the shell or liner fabric away from the insulation, you can wash and rinse the area without getting the inside fill wet.

Unless the bag has gotten unusually dirty, many years may go by before it'll need a complete wash.

### **How to hand wash a sleeping bag:**

- Fill the tub with cool or warm water and add the appropriate cleaner for your down or synthetic bag. Avoid using too much soap; if it gets too sudsy, it's harder to rinse out.
- Lay the bag in the water and gently work in the soap throughout the entire bag. Rub together the most heavily soiled areas. Allow it to soak for up to one hour.
- Drain the tub and press out any remaining water.
- Fill the tub with cool or warm water to rinse, work the soap out gently, let the bag sit for 15 minutes and drain. Press out any remaining water. Repeat the rinse process until all the soap is out.
- Gently squeeze out as much water as you can from the bag. Then, work your hands underneath and gather it all up in a ball in your arms to carry it to a dryer. This helps avoid straining and ripping the seams.
- If you have a large dryer at home, use that for drying the bag. If your dryer is so small that the bag stays balled up, you'll need to transport your wet bag to the laundromat.
- If you choose not to use a dryer for your bag, lay it flat on a clean surface outside (such as grass or a beach towel) in the sun or partial shade. You may need to manually break up clumps of insulation as your bag dries.

### **Fabric Tears and Broken Zippers**

**For small holes or tears that occur in the sleeping bag shell while you're in the field, you have a couple options to keep down insulation from escaping:**

- Sew up the hole by hand (keep a needle and thread in your repair kit). When you get home, you can remove the hand stitching and sew the fabric more durably with a sewing machine if you feel confident doing so.
- Make a patch out of adhesive gear-repair tape (cut it rounded, with no sharp corners). However, if you try to peel it off later the sticky adhesive may remain and/or the rip may get worse.
- In a pinch, you can use a wound bandage from your first-aid kit.

**If your bag gets a serious hole or broken zipper, consider having it professionally repaired.**

### **Storing Your Sleeping Bag**

**How you store your bag affects its lifespan.**

When you arrive home from a camping trip, unzip the bag and air it out to make sure it's completely dry. Then store loosely in a large cotton or mesh storage sack. Do not store your bag compressed in its Carrying Bag as this will eventually damage the fill. Watertight storage bags are also a bad idea. Condensation can build up inside and result in mildew.

### **Questions? Issues?**

**We are here to help!**

**Phone: (1) 718-535-1800**

**Email: [support@pyleusa.com](mailto:support@pyleusa.com)**

**SLSBBL** - Blue

**SLSBRT** - Real Trees

**SLSBCA** - Camouflage

### **Features:**

- Portable and Lightweight
- Soft 210 Thread Count
- Anti-Snag Zipper
- Opens on Left and Right Sides
- Comes with Zipper on the Bottom to Open and Close for more Comfortable Sleep
- Free your Feet for Great Temperature Control
- Designed for Extreme Weathers
- Sturdy and Waterproof Outer Liner
- High-Quality Materials, Great for Hiking
- Easy to Clean, Warm, Comfortable and Washable
- Detachable to Two Individual Sleeping Bags
- Compact Size with a Compression Backpack
- Perfect for Camping, Backpacking, Hiking, Traveling and More
- Designed for Couple, Family, Adults, and Teens
- Includes Two Large Size Travel Pillows
- 2 Pockets for your Phone

### **What's In The Box:**

- (1) Double Sleeping Bag
- (1) Carrying Bag
- (2) Pillows

### **Technical Specs:**

- Temperature Rate: 5-10° Fahrenheit
- Construction Material: Fabric: 210T Polyester, Liner: Soft Pongee, Filling: 0.66 lbs./m2 Hollow Cotton
- Pillows Size: 12.2" x 18.1" -inches
- Product Dimension:  
Rectangular Style: 85" x 57.1" -inches