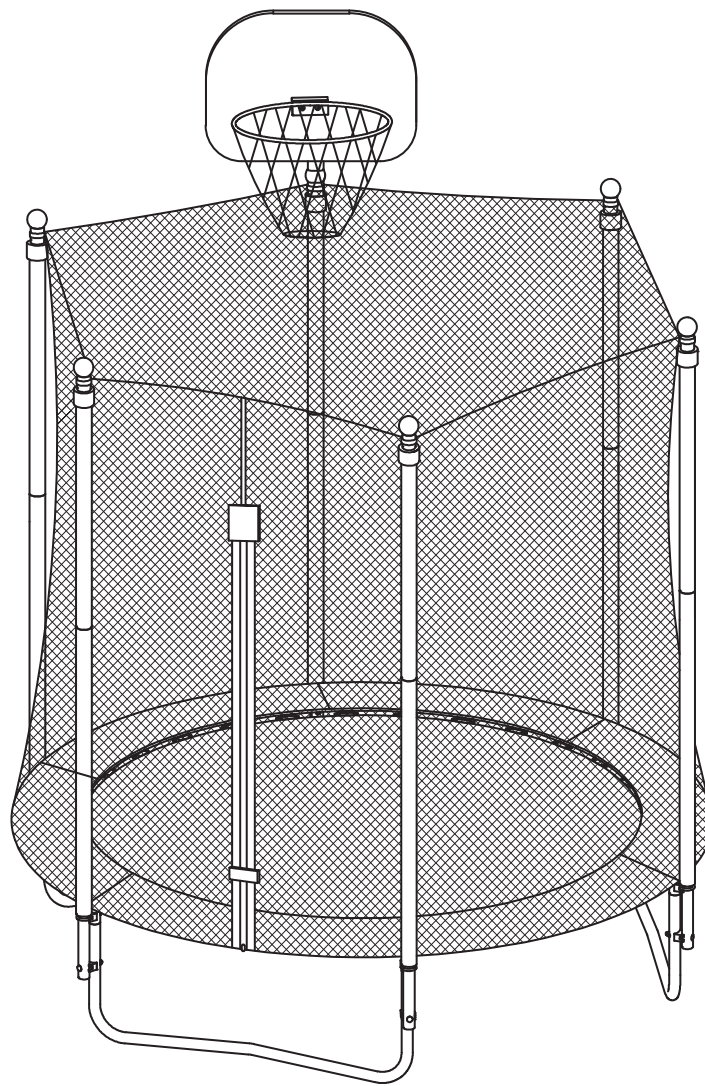


# SereneLife



## *SLTRA5BL*

5ft Outdoor & Indoor Mini Kid Trampoline  
with Enclosure Safety Net Basketball Hoop

Outdoor & Indoor Jumping Fun Trampoline  
for Kids/Children, Basketball Hoop, Safety Net Cage (5 ft.)

**USER GUIDE**

**Read all precautions and instructions in this manual before using this equipment.  
Save this manual for future reference.**

## **Introduction**

You have chosen a high quality product. Familiarize yourself with the product before using it for the first time. In addition, please refer to the operating instructions and the safety advice below.

Only use the product as instructed and only for indicated field of application.

Keep these instructions in a safe place for further reference. If you pass the product on to anyone else, please ensure that you also pass on all the documentation with it.

## **Technical Specs:**

- Trampoline Style: Outdoor, Indoor, Safety Net, Basketball Hoop, Round Trampoline
- Jumping Mat Material: Reinforced Polypropylene
- Construction Material: Engineered Galvanized Metal, Black Powder-Coated Legs
- Basketball Hoop size: 18.5" x 12.99"-inches
- Trampoline Height (from Floor): 76.77"-inches
- Jumping Mat Diameter Size: 47.24"-inches
- Total Assembled Trampoline Size (L x W x H): 60.04" x 60.04" x 76.77" – inches

**⚠ Failure to follow the safety instructions could lead to serious injury.**

## **Intended Use**

This trampoline is a toy for children ages 3 and up. For indoor or outdoor use.

The product is intended for home/domestic use only and is not suitable for professional or medical use.

## **Safety Information**

**⚠ WARNINGS! Not suitable for children under 36 months. Choking hazard. Small parts.**

- The trampoline is suitable for children ages 3 years and up, as children below 3 years of age may be considerably less able to estimate the physical and dynamic characteristics of the jumping mat, and may lack the necessary coordination skills.
- The trampoline is not intended for use by persons (including children) with impaired physical, sensory or mental capabilities or with a lack of experience and/or knowledge, unless they are supervised by an individual responsible for the safety or have been instructed by that individual on how to use the trampoline.
- Pregnant women must not use the trampoline.

**⚠ WARNINGS!**

- Do not perform flips. Landing on your head or neck can result in serious injury, paralysis or even death!
- Do not perform any reckless jumps and do not jump too high or above the safety net!
- Only for domestic use.
- Do not engage in jumping competitions or similar behaviour.

- Never jump directly from the jumping mat onto the ground! There is a high risk of injury due to the hard impact!
- Only one user at a time. Risk of collision!
- Do not use the trampoline if you are injured or your health is impaired, e.g. due to ankle injuries, back pain, pregnancy etc.
- Leave the trampoline immediately if you feel dizzy or experiencing rapid heartbeat etc., and consult a doctor right away.
- Make sure that there are no sharp hooks, eyelets or similar objects on your clothing.  
There is a risk of injury!
- Never intentionally jump into or beyond the safety net, nor try to climb up onto it or hang from the pole caps. There is a risk of injury!
- Before getting on the trampoline, make sure that there are no persons, animals or objects on or under the trampoline! There is a risk of injury to the animal as well as the user!

### ***SAFETY INSTRUCTIONS FOR TRAMPOLINES***

- Do not use if the jumping mat is wet.
- Empty your hands and pockets before jumping.
- Always jump in the middle of the jumping mat. Never on the edge!
- Do not eat while jumping.
- Do not exit by a jump.
- Limit the duration of continuous use (take regular breaks).
- Do not wear shoes while jumping.
- Secure the trampoline and do not use it in strong wind.
- Always close the net opening before jumping.
- Check that the foams are properly wrapped outside the safety poles before jumping.
- Adult supervision required.
- If you belong to a risk group due to your health, you must consult your doctor before using the trampoline.
- The trampoline is not suitable for therapeutic purposes.
- Check the trampoline for damage, wear, cracks and missing parts before each use!  
It must not be used if there is visible evidence of damage or defects.
- Before each use, make sure that the trampoline is properly assembled and that the padding cover and safety net are securely attached and properly positioned.
- Always jump from and try to land on the marking on the jumping mat.  
If you land next to the marking, abort your jump immediately and start again from the marking.
- Check the connection between the feet and frame parts before each use.
- Keep your eyes on the middle of the trampoline when jumping. This helps you to stay in control.
- Always make sure that the adult supervising is familiar with the trampoline and its characteristics.  
Only jump under sufficient lighting conditions. Never jump in the dark.

## ASSEMBLY SAFETY INFORMATION

### ⚠️ WARNINGS:

- The trampoline must be assembled by at least two adults in accordance with the assembly instructions, and then examined before being used for the first time.
- Make sure you use the trampoline only after it has been completely assembled.
- Take care not to get pinched or caught in any parts during assembly! Wear protective gloves when assembling the trampoline. Take care with pinch points.
- Foreign objects must not be attached to or hung from the safety net.
- Use only original replacement parts and accessories. Contact our customer service to obtain these.
- The trampoline must only be used if it is properly assembled.

### MAINTENANCE/CARE

- a. Check the screw connections at regular intervals and tighten them.
- b. Do not make any improper modifications to the trampoline.
- c. Defective parts must be replaced with original replacement parts only.  
Contact our customer service to obtain these.
- d. Replace the safety net, jumping mat, padding cover every 3 years.

### NOTE

- a. If you have long hair, please tie it up with a hair band before getting on the trampoline!
- b. We recommend wearing a long-sleeved top and long trousers to protect yourself against scratches and scrapes. Your clothing must be close-fitting but comfortable.
- c. Avoid jumping too high and do not overestimate your abilities. Gradually increase the intensity of your jumps but do not overdo it. Always make sure that you have control over your jumps.

### Selecting a Location

- a. The trampoline is suitable for indoor and outdoor use.
- b. Carefully select the location of the trampoline. The trampoline must not be set up over a hard surface.
- c. The trampoline must not be set up on a smooth (e.g. tiled) surface. It could slip!
- d. Set up the trampoline on a level surface at least 2m away from other structures and obstacles such as stairs, fence, garages, houses, protruding branches, washing lines or electrical lines. Make sure that there is sufficient room above the trampoline. Do not set it up near windows, walls, trees, etc.  
There should be a clear space of at least 7.5m above the trampoline.
- e. The trampoline must not be set up on concrete, asphalt or similarly hard surfaces, nor near colliding structures such as paddling pools, swing sets, slides, jungle gyms, furniture etc.
- f. The trampoline must not be embedded in the ground.
- g. Set up the trampoline in a safe location so that it cannot blow away or tip over!
- h. Locate the trampoline so that others cannot use it unsupervised, and secure it against unauthorized use!

## ASSEMBLY

Remove all parts from the packaging and check whether all parts are fully present.  
If there are any parts missing, please contact our customer service.

### ⚠️ WARNING!

Due to its size, the trampoline must be assembled and installed by at least two adults.

### ⚠️ WARNING!

Wear protective gloves when assembling the trampoline and make sure that you are working deliberately and carefully. Make sure that you do not get caught in any parts!

There is a risk of injury!

### NOTE:

Please check the following part lists first and then start the assembling step by step.

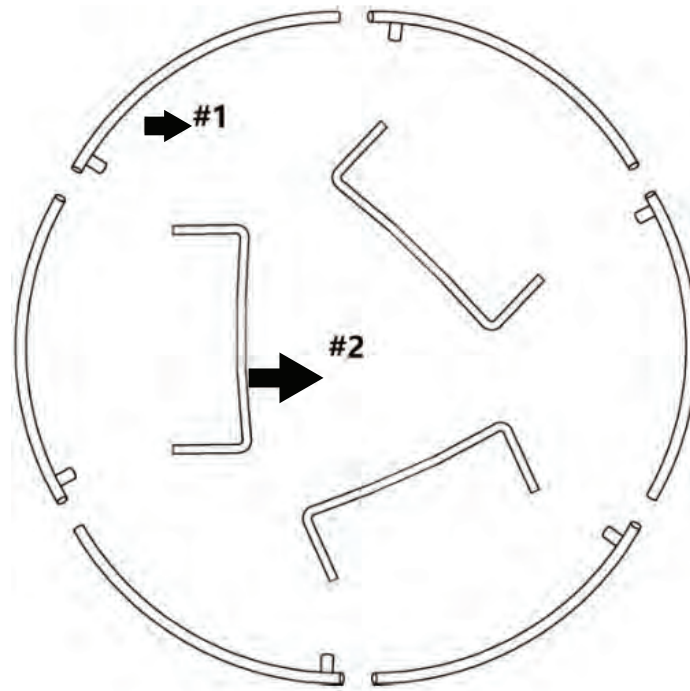
## PARTS LIST

| No. | Part Name  | Quantity | No. | Part Name                       | Quantity |
|-----|--|----------|-----|---------------------------------|----------|
| 1   | Frame Tube   | 6        | 16  | Safety Net                      | 1        |
| 2   | Leg Tube   | 3        | 17  | L-Shape Wrench                  | 1        |
| 3   | Spring   | 30       | 18  | Wrench                          | 1        |
| 4   | Jumping Mat  | 1        | 19  | Spring Loading Tool             | 1        |
| 5   | Padding Cover                                      | 1        | 20  | Plastic Cap A                   | 5        |
| 6   | Rope   | 3        | 21  | Plastic Cap B (Open-ended)      | 1        |
| 7   | Upper Net Pole                                     | 5        | 22  | Basketball Hoop Connecting Tube | 1        |
| 8   | Upper Net Pole<br>(for putting up basketball hoop) | 1        | 23  | Basketball Backboard            | 1        |
| 9   | Lower Net Pole                                     | 6        | 24  | Rim                             | 1        |
| 10  | Inner Hexagonal Bolt<br>M6*16mm                    | 1        | 25  | Net                             | 1        |
| 11  | Bolt M6*65mm                                       | 6        | 26  | PVC Ball                        | 1        |
| 12  | Eye Bolt M6*70mm                                   | 6        | 27  | Inflator                        | 1        |
| 13  | Washer   | 15       | 28  | Inner Hexagonal Bolt<br>M6*25mm | 2        |
| 14  | Black Plastic Spacer                               | 12       | 29  | Locknut                         | 2        |
| 15  | Nut  | 12       |     |                                 |          |

## ASSEMBLY INSTRUCTION

### STEP 1. FRAME ASSEMBLY

Lay out all Frame Tubes (#1) and Leg Tubes (#2) as shown. Insert the Leg Tubes into the sockets of the Frame Tubes.

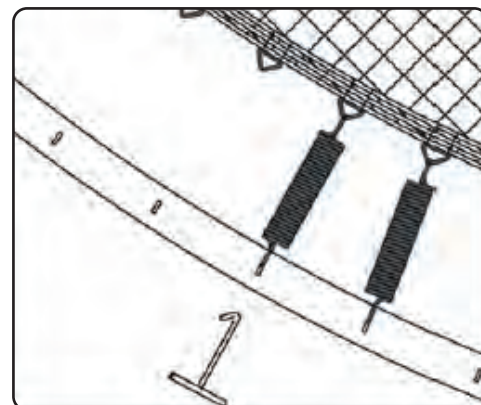
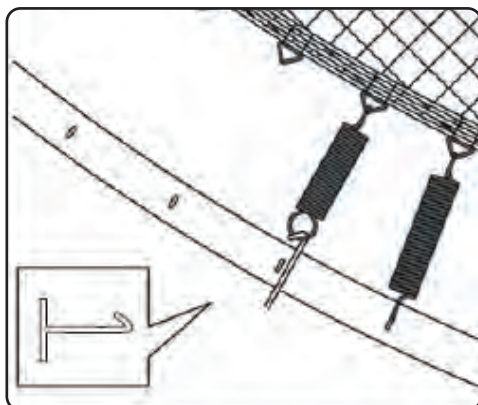


#### NOTE:

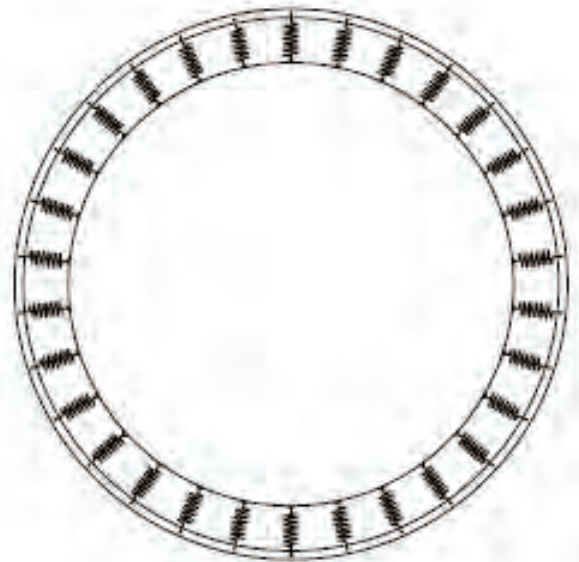
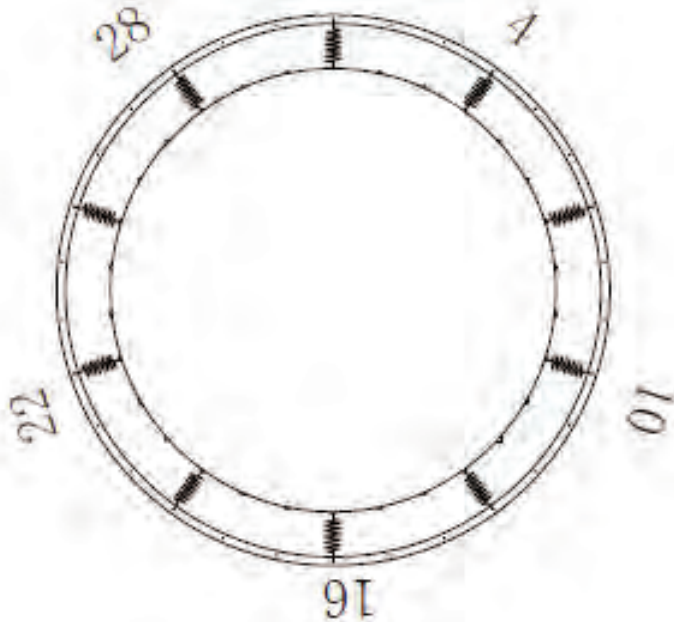
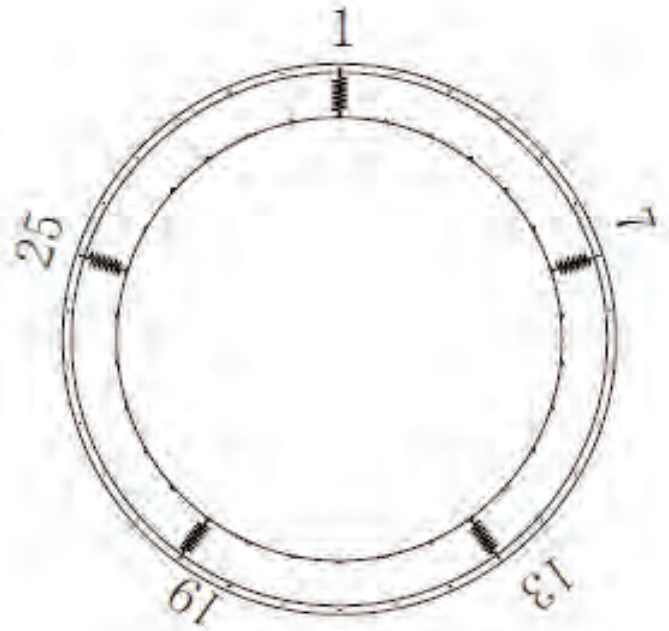
1. All parts with the same part number are interchangeable.
2. The side with holes on the Frame tubes (#1) should be facing upwards, in the following steps.
3. While inserting Leg tubes (#2) into Frame tubes (#1), ensure the screw holes on both parts align.

### STEP 2. TRAMPOLINE MAT ASSEMBLY

- When attaching Springs (#3) to Jumping mat (#4), please ask another person to help you with this.
- Lay out the Jumping Mat (#4) inside the frame. The surface of the mat is smoother than the other side.
- To make sure the tension on the mat balanced, please follow the instructions below to attach the springs.
- Select an arbitrary point on Frame Tube (#1) and designate it as point 1. To hook the first Spring (#3), attach one end to the triangle ring sewn on the Jumping Mat (#4) and the other end to point 1 on Frame tube (#1) with Spring Loading Tool (#19).

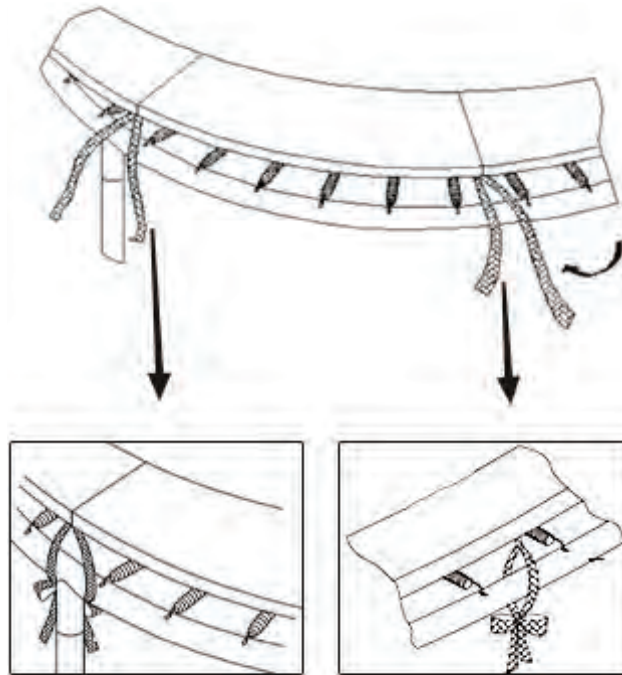


- From point 1, count exactly 7 holes on the Frame Tube (#1) and 7 triangle rings on the Jumping Mat (#4), attach the second spring. Repeat the same step to hook the 3rd, 4th and 5th spring to point 13, 19 and 25.
- Again, count 4 holes from point 1 to attach the 6th spring. Repeat the step then hook the springs to point 10, 16, 22 and 28.
- Continue to attach the remaining springs between the previously attached springs.

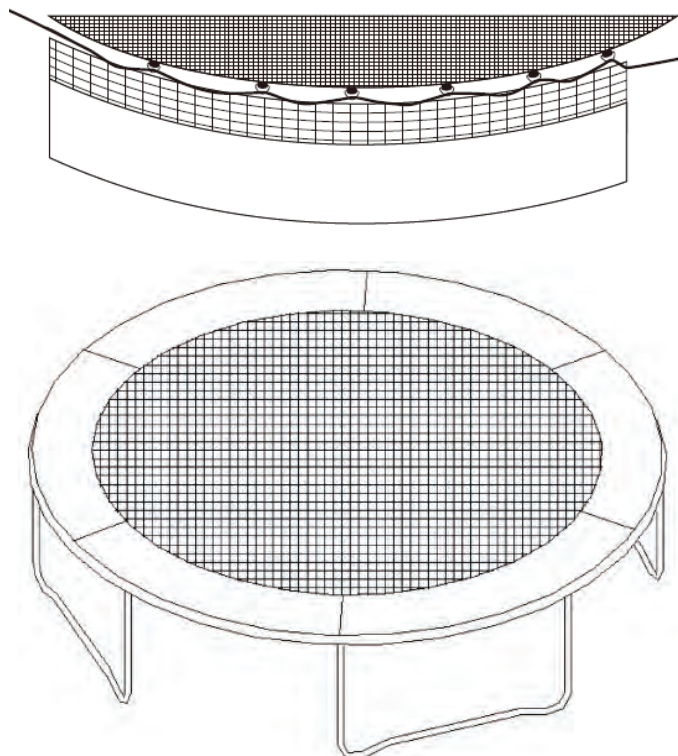


### STEP 3. FRAME COVER ASSEMBLY

- Place the Padding Cover (#5) over the frame and springs.
- Tie the elastic strap underneath the cover to Frame Tube (#1) as shown.



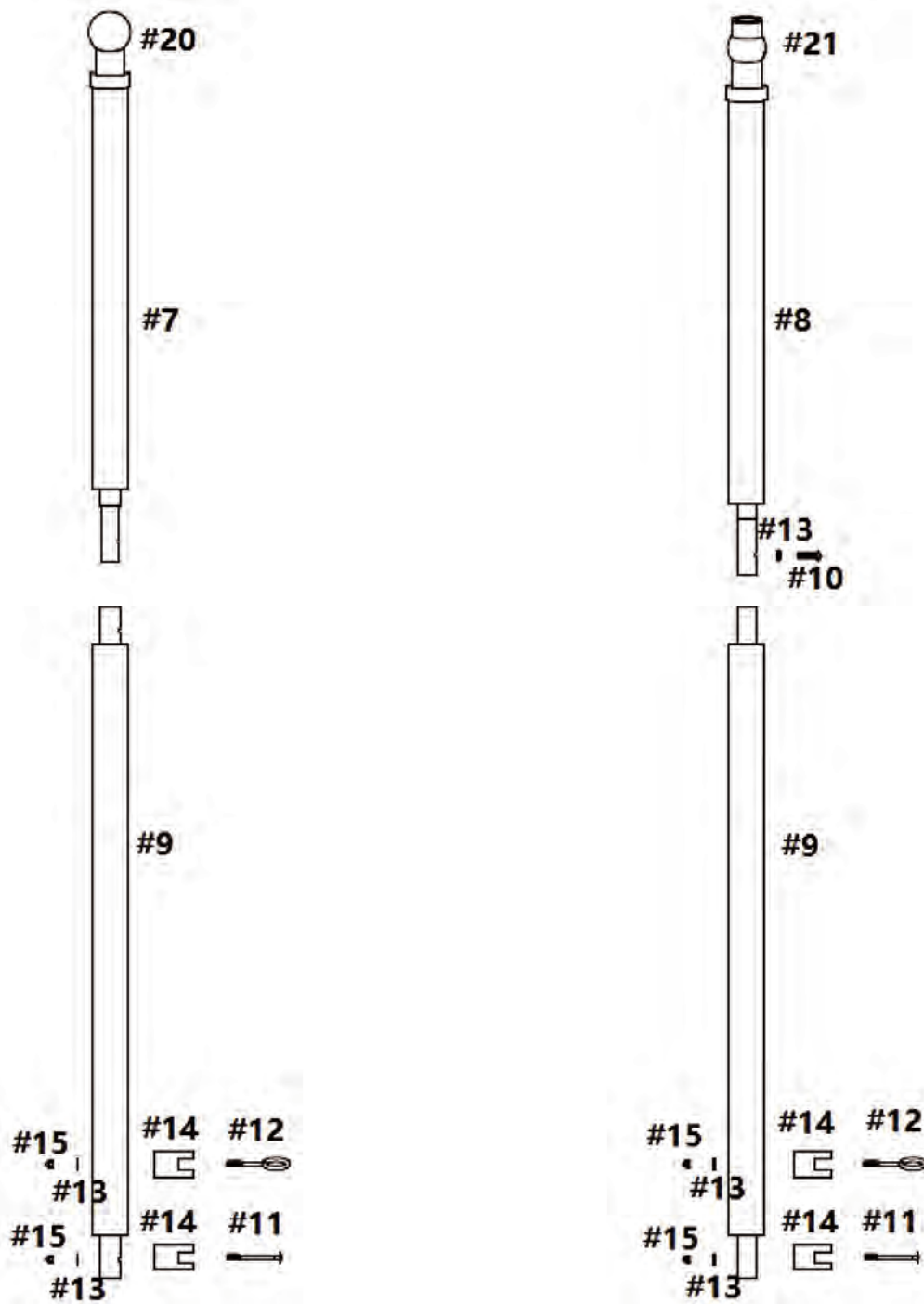
- To make sure there's no gap left between the Jumping Mat (#4) and the Padding Cover (#5) to prevent foot getting caught during use, "sew" these two pieces together with Rope (#6).
- Tie one end of the rope to one of the triangle rings of the jumping mat, and thread the other end through the mesh skirt of the padding, then to the next triangle ring, the mesh skirt... until you reach the end of the rope. Tie it to the last eyelet in reach.
- Continue the same step with the 2 Ropes (#6) left by fixing it to the last triangle ring where the previous Rope (#6) ends. Until all the eyelets are firmly connected with the mesh.



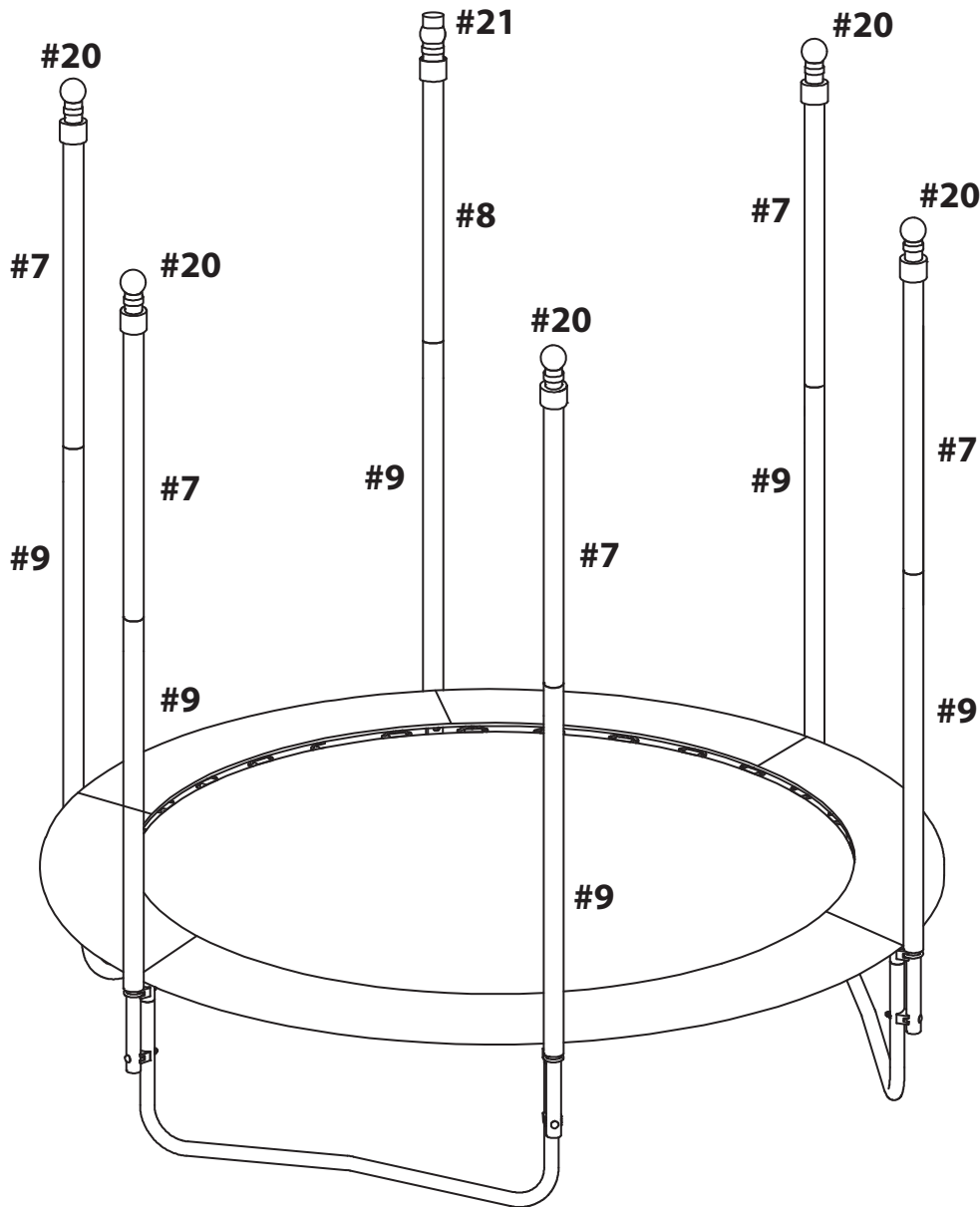
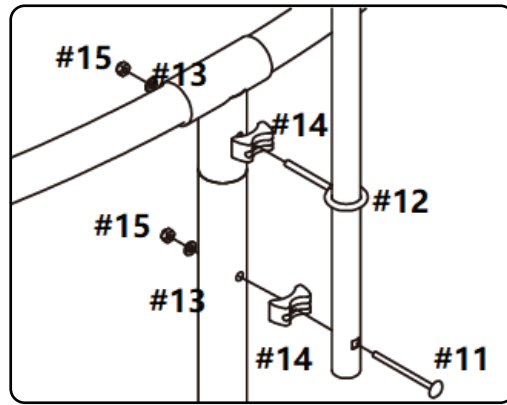


## STEP 4. SAFETY POLES ASSEMBLY

- Plastic Caps (#20, 21) are pre-attached to the top of Upper Net Poles (#7, 8).
- Slide the Upper Net Poles (#7) into Lower Net Poles (#9), 5 sets in total.
- Connect Upper Net Pole(for putting up basketball hoop) (#8) to Lower Net Pole (#9) with Inner Hexagonal Bolt M6\*16mm (#10) and Washer (#13), secure with L-Shape Wrench (#17).



- Place the Lower Net Pole (#9) next to the Frame Tube (#1) and Leg Tube (#2). Slide the Eye bolt M6\*70mm (#12) from the bottom of the Lower Net Pole (#9), and insert it through the Black Plastic Spacer (#14) and the top hole on frame, secure it with Washer (#13) and Nut (#15) with Wrench (#18).
- Secure the bottom hole with Bolt M6\*65mm (#11), Black Plastic Spacer (#14), Washer (#13) and Nuts (#15) with Wrench (#18).

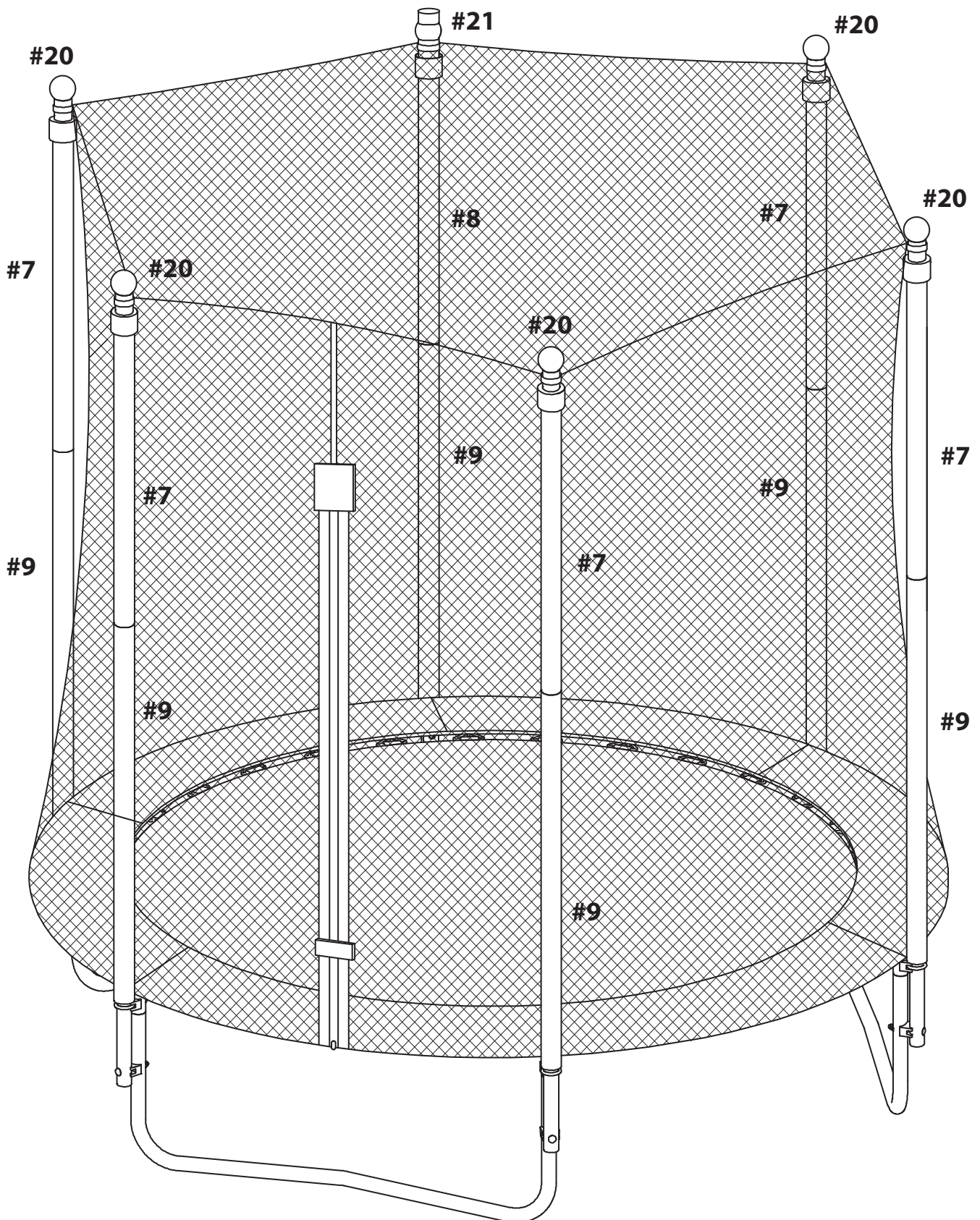


**Note:**

1. Compared with Plastic Cap A (#20), Plastic Cap B (#21) is open-ended for fixing Basketball Hoop Connecting Tube (#22).
2. Upper Net Pole (#7) and Lower Net Pole (#9) are connected by an inserted one-ended snap.
3. Upper Net Pole (#8) and Lower Net Pole (#9) are connected by an Inner hexagonal bolt M6\*16mm (#10) and a washer (#13), secured by L-Shape wrench (#17).

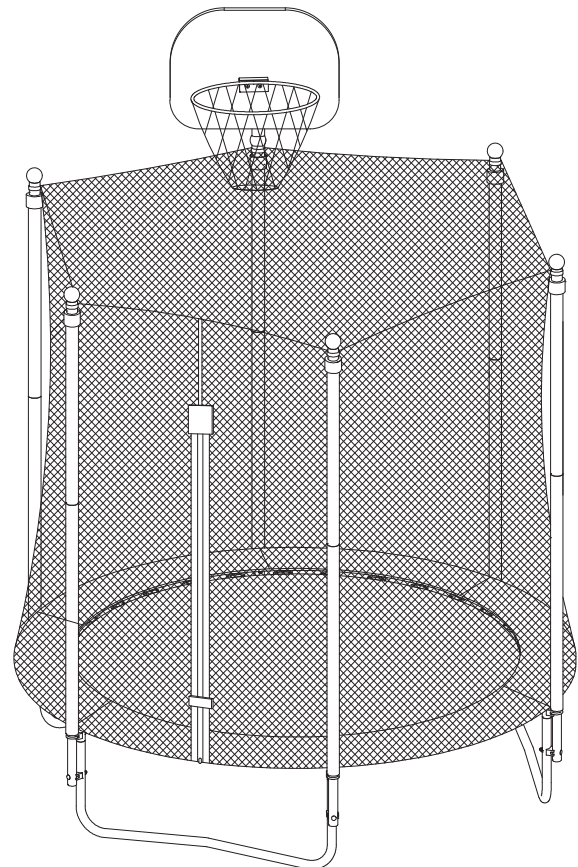
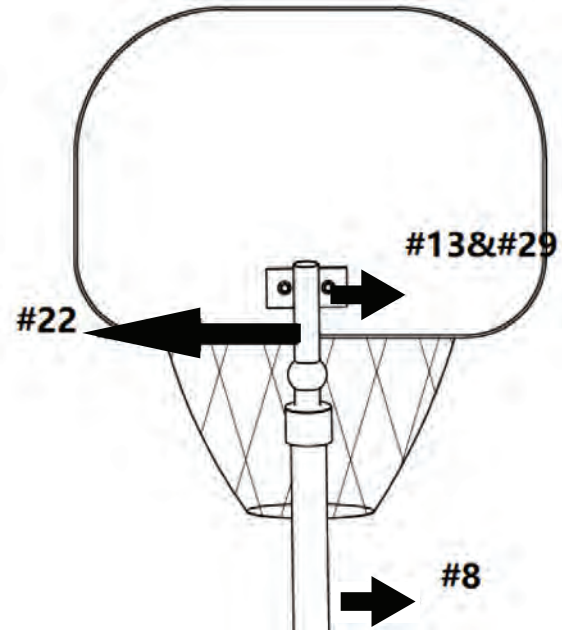
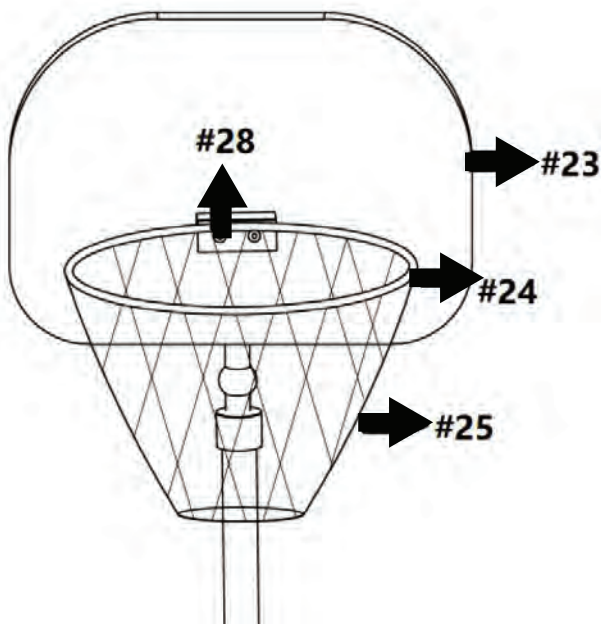
## STEP 5. SAFETY NET ASSEMBLY

- Attach the 6 straps sewn on top of Safety Net (#16) around the thinnest part of Plastic Cap A & B (#20, 21).
- Attach the plastic hooks on the bottom of Safety Net (#16) to the triangle rings of Jumping Mat (#4).



## STEP 6. BASKETBALL SYSTEM ASSEMBLY

- Connect the Rim (#24), Basketball Backboard (#23) and Basketball Hoop Connecting Tube (#22) with Inner Hexagonal Bolt M6\*25mm (#28), Washer (#13) and Locknut (#29), tighten them with L-Shape wrench (#17) and Wrench (#18).
- Put the assembled Basketball backboard above Upper Net Pole (#8), slide it into Upper Net Pole (#8) until you hear a crackling sound, which means the hole of the Basketball Hoop Connecting Tube (#22) has been aligned with the double-ended snap (as shown) on Upper Net Pole (#8). Make sure that the board is well connected to the Upper Net Pole (#8), otherwise the board may fall down and do harm to the user.



## INSTRUCTIONS FOR USE

Instructions and help on trampoline use are provided below. The instructions must be carefully followed for the safety of the users, as well as people and animals nearby.

**NOTE:** Before getting on the trampoline, perform some stretches to slowly warm up your muscles.

### GETTING ON THE TRAMPOLINE

#### **⚠️ WARNING!**

Before getting on the trampoline, make sure that there are no persons, animals, or objects on or under the trampoline! There is a risk of injury to the animal as well as the users!

- a. Open the safety fastener and then the zip fastener on the safety net.
- b. Carefully climb through the safety net. Make sure that you do not get stuck in the safety net when climbing in.
- c. After getting on the trampoline, close the zip fastener on the safety net and the safety fastener.  
This must be checked by the supervising adult!

### GETTING OFF THE TRAMPOLINE

#### **⚠️ WARNING!**

**Do not exit by a jump.**

- a. Open the zip fastener and then the safety net fastener of the safety net to get off the trampoline.
- b. Sit on the trampoline padding cover and pass through the opening of the safety net with your feet first.

### USING THE TRAMPOLINE

#### **⚠️ WARNING!**

**Do not perform flips!** Landing on your head or neck can result in serious injury, paralysis or even death! Do not perform any reckless jumps, and do not jump too high or beyond the safety net! Do not engage in jumping competitions or similar behaviour!

- a. Never get on the trampoline unsupervised! An adult who is familiar with the trampoline and its characteristics must always be present!
- b. Do not use the trampoline if the jumping mat is wet!
- c. Check the trampoline for wear, damage or missing parts before each use!  
The trampoline must only be used if it is in perfect condition!
- d. Only use the trampoline barefoot, with sock or with gymnastics shoes!
- e. Only one user at a time. Risk of collision!

### Jumping techniques

Important information on various jumping techniques and tips for how to behave while jumping are provided below.

- a. Start with a few simple jumps (basic jumps) to slowly get used to the characteristics of the trampoline.
- b. Do not jump too high, and always try to stay in control.
- c. Always jump from and try to land on the marking on the jumping mat!  
Make sure that you do not land on the edge!

- d. You must practise aborting jumps before you attempt more complicated jumps! Slightly bend your knees when you land on the trampoline.
- e. Limit the duration of continuous use. Take regular breaks.

### Aborting a Jump

If you would like to abort a jump, slightly bend your knees when landing on the jump mat. This way you slowly lose jumping power.

### Basic Jump (Fig. 1)

1. Stand in the middle of the trampoline and always keep your eyes on the marking while jumping!
2. Slowly raise your arms and push yourself up from the trampoline.
3. Land back on the marking. Do not jump too high!

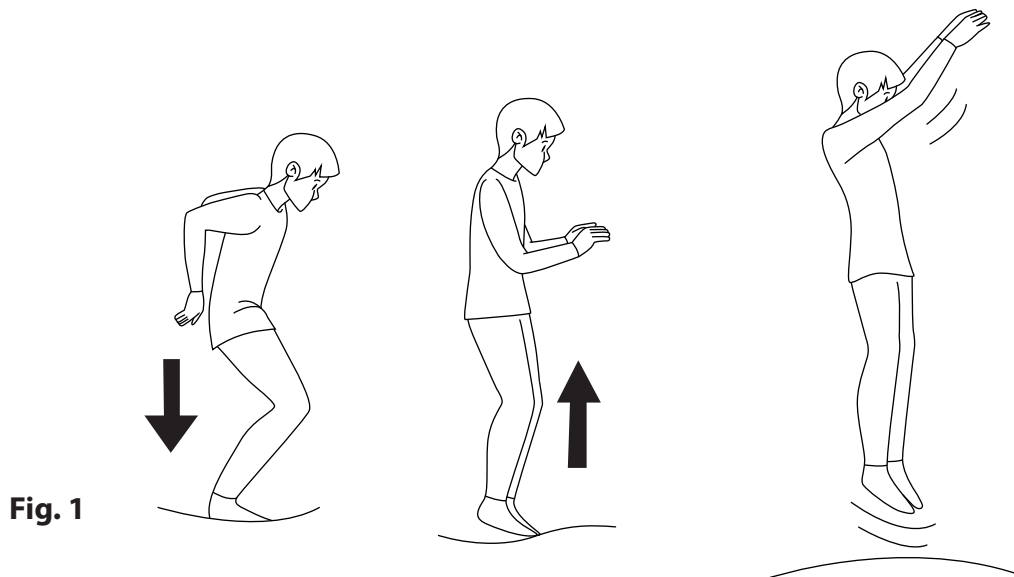


Fig. 1

### Knee Jump (Fig. 2)

1. Jump up in the same manner as the basic jump. Do not jump too high!
2. Try to land on your knees while keeping your upper body upright.
3. Try to get back on your feet when jumping back up.

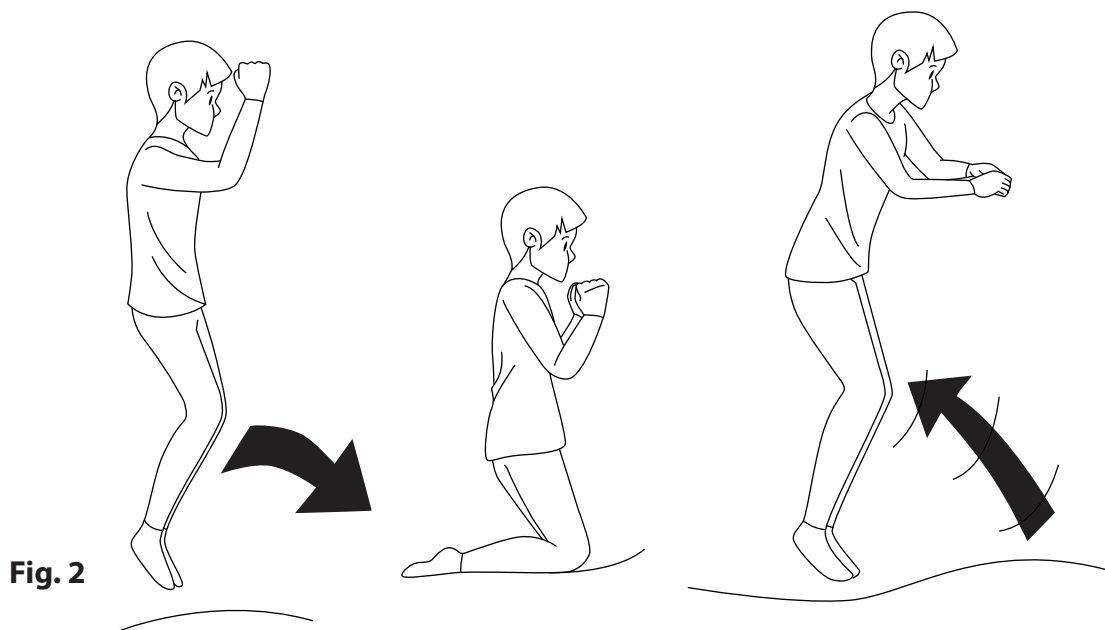


Fig. 2

### Sitting Jump (Fig. 3)

1. Jump up in the same manner as the basic jump. Do not jump too high!
2. Try to land in a sitting position. Do not lock your elbows, but keep your arms and hands loosely by your hips.
3. Try to get back on your feet when jumping back up.

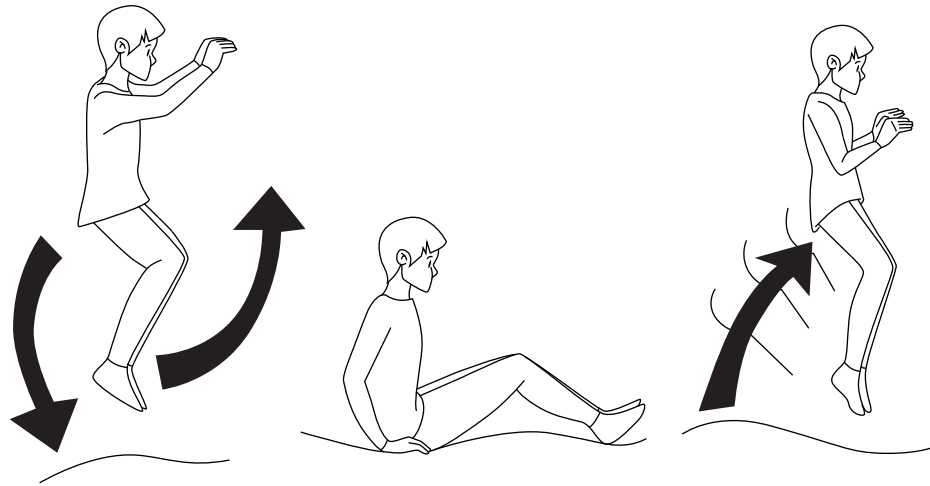


Fig. 3

### TRANSPORTING

You can move the trampoline to a different location nearby, or transport it over longer distances.

The following points must be observed when doing so:

#### a. Moving the trampoline (to nearby location)

If you would like to move the assembled trampoline a few meters, you will need at least two adults to do so. Proceed as follows:

- Make sure that there are no people and/ or animals nearby or on or under the trampoline.
- Check the path that you must follow to move the trampoline. Watch out for any obstacles.
- With at least two adults, lift the trampoline off the ground slightly.
- Slowly and carefully carry the trampoline horizontally to the ground.
- Set the trampoline on the ground at the desired location. Ensure that the surface is level.
- Make sure that the trampoline is stable and all parts are firmly attached before using it for the first time.

#### b. Transporting the trampoline (to distant location)

You must completely disassemble the trampoline before transporting it across a large distance.

### Weather Conditions

The trampoline must be secured and disassembled in strong weather conditions (rainstorm, thunderstorm, snow or hail).

### WHAT'S IN THE BOX:

- Outdoor Trampoline
- Safety Net Enclosure
- Trampoline Jumping Mat
- Installation Hardware

## MAINTENANCE

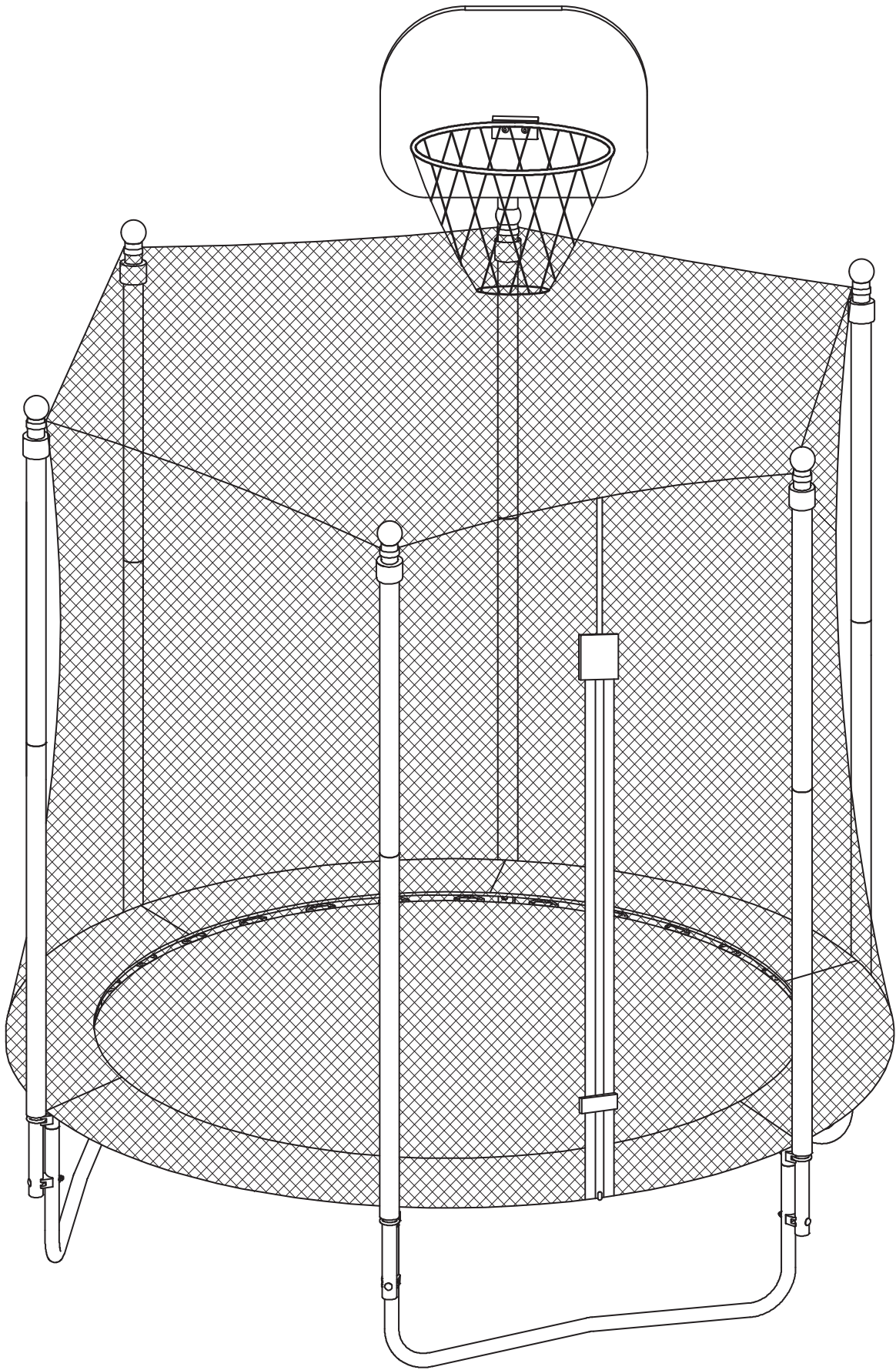
**Maintenance is important for preserving the quality and safety of the trampoline. Observe the following important information to enjoy your trampoline over a long period of time.**

- Keep all sharp-edged and pointy objects away from the trampoline, as they may damage the jump mat.
- **Do not use the trampoline:**
  - If there are holes or tears in the jump mat.
  - If the jump mat is not taut.
  - If frame parts are broken.
  - If the frame padding is damaged, missing or not secured.
  - If the screws are loose. Tighten all screws as needed.
- Check the trampoline for worn or missing parts before each use.  
**The following wearing parts must regularly be checked for signs of wear:**  
All covers and sharp edges, incl. jump mat, frame padding, safety net and foam of the net poles.  
Replace defective parts as needed.
- Before each use, check whether the pipes, connectors and safety bolts/pins are undamaged and cannot come loose while the trampoline is being used.
- The safety net must be replaced if signs of wear are detected.
- Replace the safety net, jump mat and protective elements every 3 years.

## FEATURES:

- Outdoor & Indoor Jumping Trampoline
- Large Wide-Diameter Jumping Surface
- Perfect for Kids, Children, Teens & Young Adults
- Tall Protective Safety Net Cage Enclosure System
- Waterproof Rated & Weather-Resistant Design
- Reinforced Bouncy Jumping Mat Surface
- Rugged & Durable Leg Base Frame Construction
- Stable Platform Base for Grass Placement
- Family Fun, Recommended for Ages 3+ and Up
- Lab Tested and Safety Certified
- Includes all Necessary Tools and Hardware for Easy and Fast Assembly
- Legs are Powder-coated with Black Powder
- Equipped with Basketball Hoop System, Ball and Ball Inflator
- Basketball can be Installed Inside the Safety Net and also Outside the Safety Net (Reversible Basketball Backboard)
- Galvanized Steel Frame with Reinforced T-sockets Stabilize the Upper Enclosure Frame to the Trampoline Frame and Prevents Structural Twisting
- Some Assembly Required







# SereneLife



**Questions? Comments?**

We are here to help!

Phone: (1) 718-535-1800

Email: [support@pyleusa.com](mailto:support@pyleusa.com)

