

WARNING:

This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance. The appliance is only to be used with the power supply unit provided with the appliance. This appliance contains batteries that are non-replaceable.

WARNING: For the purposes of recharging the battery, only use the detachable supply unit provided with this appliance.

PRODUCT INTRODUCTION

Read this user manual carefully before you use the massager and save it for future reference.

SQUATZ Portable Electric Massage Gun is a new and revolutionary therapeutic massage device, an ideal tool to aid in the recovery of athletes, therapists and anyone else who suffer from injuries or muscle aches. Power massager that relieves muscle stiffness and soreness, increases circulation and range of motion, improves the overall health of the body's soft tissue.

The massager can be used to improve body posture and functioning and as a complement to other medical treatments or just as a stress reducer and a "**feel good**" therapy. It is built with high-quality craftsmanship.

DOWNLOAD THE SQUATZ APP TO FOLLOW YOUR CUSTOM SQUATZ WORKOUT! ALL SQUATZ PRODUCTS COME WITH AN ADVANCED WORKOUT PROGRAM!









Round Head Used for hand, back, buttock, leg massage



u' Shape Head Used for neck, spinal and achilles tendon massage



Crescent Head Suitable for arms, thighs, waist and other parts (Do not use high gear during use)

Used for deep tissue, such as joint, palm and plantar



Gyro Head Suitable for massaging soft tissue

Taper Head



Mushroom Head Suitable for relaxing joints and sensitive muscles



Spade Shaped Head Used for whole body bones muscle relaxation

Used for relaxing and shaping

Flat Head

each muscle part

Features:

- Equipped with a 4800mAh Lithium Battery
- Comes with a USB Charging Cable
- 7 Speed Levels &8 Massage Heads
- Handheld Percussion Massage gun
- Quiet Rotating Motor, Adopt Noise Reduction Technology
- High Power and Low Noise
- Lightweight Design with Carrying Case
- LCD Touch Screen
- Effectively Help Relieve Back, Neck, Arms, Legs, Muscle Soreness and Promote Blood Circulation

What's in The Box:

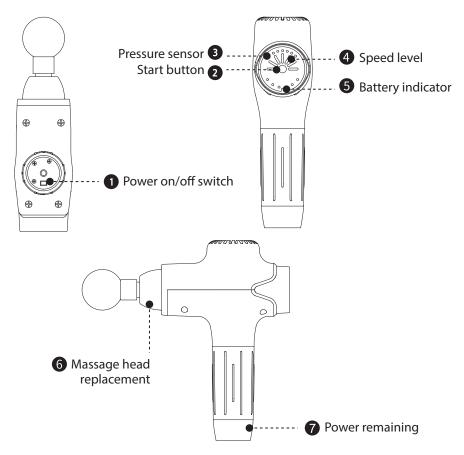
- (1) Carrying Case
- (8) Massage Heads
- (1) Massage Gun
- (1) Manual
- (1) Charging Adapter
- (1) Accessories Bag

Technical Specs:

- Construction Materials: Nylon Carry Case, 50% Metal, 50% ABS Massage Gun
- Working Noise: Less than 50dB
- Stroke: 0.47" -inch
- Stall Force: 15kg/33lbs
- Noise Level: 40-50 dBA
- Speed: 1200-3200RPM
- Rated Power: 25W
- Max Output Power: 125W
- Battery Type: 16.8V 4800mAh
- Battery Life: 12-24hrs
- Charging Time: 5-6hrs
- Product Dimensions (L x W x H): 7.24" x 2.56" x 9.84" -inches

PRODUCT DIAGRAM

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Power on/off switch	Left on the right off
2 Start button	Touch to control speed
3 Pressure sensor	Speed display
4 Speed level	Setting 7 speed, from 1300-1800-2100-2500-2800- 3000-3200rpm
5 Battery indicator	20%, 40%, 60%, 80%, 99%
6 Massage head replacement	Pull down the massage head and insert another massage head into the slot
Power remaining	LED display available battery power: 20%, 40%, 60%, 80%, 99%

COMMON QUESTIONS / ANSWERS

I started my Massager, Now what?

Contact your body with the massager and let it float across your body. Get used to the feeling of vibration therapy.

Apply pressure that is comfortable for you.

Let the massager do the work. You should not be sore as a result of use.

How fast should I move the Massager?

The slower the movement the better. Move approximately 1 inch per second. Take your time floating the massager across your muscles.

How hard should I press the Massager into my muscles?

The best process is to start the massager away from your body, then once it is operating contact your body with the massager bit and allow the massager to float across your tissue. Once you have a feel for the pressure you desire you can increase the pressure slowly until you reach a comfortable balance.

How often should I use the Massager?

We recommend 15 minutes per session for your entire body. Feel free to treat your extra sore muscles for an additional 30-60 seconds throughout the day.

How often should I replace my massager bit?

On average the massager bit should be replaced every 90 days. In a clinical setting, where your average daily use will certainly be more, we recommend replacing the massager bit after approximately 30 days of use.

How long does the battery last?

Battery lasts for about 6-7hrs when operated in low speed and 3-4hrs in high speed.

If you have any questions or issues, please email us at: *support@pyleusa.com*

TO CLEAN

Be sure to unplug the unit and allow it to cool before cleaning. Use a soft, slightly damp cloth to wipe.

Never allow water or any liquids to come into contact with the handle.

TO STORE

Unplug the massager from the outlet and allow it to cool before storing in its box or a clean, dry place.

DO NOT attempt to repair this massager.

There are no user-serviceable parts

When using an electrical massager, basic precautions should always be followed, including the following:

- Use this massager only for its intended use as described in this manual. Do not use it for any other purposes.
- Always unplug the massager from the electrical outlet before use and cleaning.
- Unplug from outlet when not in use and before putting on or taking off parts or attachments.
- Keep the charger away from water. Do not place in or drop into water or other liquid. Do not use while bathing or showering.
- Close supervision is necessary when this massager is not being used by able adults.
- Keep away from fire.
- Do not use on or near eyes or other highly sensitive areas.
- Do not use the vibrating massager directly on one concentrated area of the body. Vibrating massagers are designed to be used in a continuous motion, constantly changing the massage area.

WARNINGS

BEFORE USING THE MASSAGER, READ ALL INSTRUCTIONS



Do not place your finger or any objects near the metal position above the massage pin point while the massager is in use or just after use. Metal piston can become extremely hot.



Do not use massager on your head or near your genitals. Do not get hair caught in the massage bit arm or any other moving part on the massager.

Do not get the massager or any other parts and accessoires wet other moving part on the massager.

Do not use the massager adove your adam's apple or C4.



Do not get the massager wet other than by cleaning it with a magic eraser or a lightly damp towel.



Do not block the vents of the motor.



The **SQUATZ Portable Electric Massage Gun** does not constitude medical treatment and is not a substitude for a medical examination or diagnosis. If you are dealing with a serious health condition, please check with your health care provider before using.

BATTERY & CHARGER SAFETY



WARNING: The lithium-ion battery is an integral part of the massager. If it no longer charges properly or is damaged, the massager and battery must not be discarded as household trash, burnt or thrown into water. The tool and battery must be disposed of as hazardous waste in accordance with all municipal requirements.

Do not incinerate a discarded battery. It can explode in a fire.

Do not use an extension cord. Plug the charger cord directly into an electrical.

CHARGE THE BATTERY ONLY WITH THE CHARGER SUPPLIED WITH THIS CORDLESS MASSAGER.

Do not use the charger in wet or damp conditions.

It is intended for indoor use only. Do not use the charger near sinks or bathtubs. Do not immerse the charger in water.

Do not allow the cord to hang over the edge of a table or counter or touch hot surfaces.

The charger should be placed away from sinks and hot surfaces.

Do not use charger to charge any batteries other than the cordless massager battery.

Other batteries may explode.

Do not operate charger if cord or plug is damaged.

Replace damaged cord and plug immediately.

Do not operate charger if it has received a sharp impact

been dropped or other wise damaged in any way. Have a qualified technician examine the charger and repair it if necessary. Do not disassemble the charger.

For best results

Charge the battery when the temperature range of the battery and the work area is $0-40^{\circ}$ C (32–104° F).

Unplug the charger when not in use and before cleaning or maintenance.

Do not abuse the cord.

To reduce the risk of damage to the electric cord or plug, never carry the charger by the cord or yank the cord to unplug. Always grasp the plug and pull to disconnect. Always keep the cord away from heat, oil and sharp edges.



Questions? Comments? We are here to help! Phone: (1) 718-535-1800 Email: support@pyleusa.com